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Recently our Nation and the World has been overwhelmed by a **pestilence** or **plaque** of an infectious virus caused by a bacteria spread from animals to humans, or manmade as some are saying, called COVID-19. The virus has not stopped at the original pandemic but now has mutated many variants including a latest version called Monkey Pox leaving many dead and even more seriously injured even for life. Knowing the sources of these flu-like viruses which attack the lungs and body systems the Globalists are achieving their goal of population reduction and the pharmaceutical industry is rolling in the cash as well as many persons and groups who feed off of the CDC and FDA propaganda. Psalms 91:3-7 provides Gods assurance of the Word and His tools of the natural immune system when He says *“For it is He that delivers you from the snare of the trapper, and from the deadly **pestilence**. He will cover you with His pinions, and under His wings you may seek refuge; His faithfulness is a shield and bulwark. You will not be afraid of the terror by night, or of the arrow that flies by day; of the **pestilence** that stalks in the darkness, or of the **plaque** that lays waste at noon.”* The **plaque**, which with I choose to describe it, has a pneumonia type factor so it could be considered a **pneumonic plaque** as it attacks the respiratory system. Early in year 2020 having been educated by medical journals and those healthcare professionals that I trust; I began adding and increasing supplements to my daily intake. For example, Zinc, Vitamin D3, K2, Thiamin, Selenium, Niacinamide and increased dosages of Vitamin C, Potassium/Magnesium, Omega, and Probiotics all as suggested by trusted medical professionals. But then in June 2020 I learned From Dr Thomas E Levy, MD, JD of the power of **3% Hydrogen Peroxide (HP)** in treating respiratory diseases. Dr Levy’s successes occurred in Cali, Columbia against COVI 19 where medical facilities are often inadequate or non-existent. Doctors wrote of their success in treating pneumonia through an IV protocol. Others recommended using a Nebulizer to vaporize the HP for treating other lung diseases such as flu, pneumonia, as well as the current **plaque**. I use a Nebulizer that evaporates 3% over-the-counter HP by drawing the air across an enclosed capsule currently containing a half teaspoon of HP and then through a tube to a mouthpiece through which I inhale and exhale. A five-minute treatment usually introduces the quantity of HP to my lungs. In the beginning I done multiple treatments in a day with a teaspoon of HP and a ten-minute treatment but currently two years later I find one treatment per day as sufficient. Consider that in this process the HP enters the lungs to kill any bacteria that is present, then is carried by the blood to other parts of the body also. This is a natural transport system since the purpose of the lungs is to take in **Oxygen** to the blood and exhaust **Carbon Dioxide** from the lungs with the blood furnishing **Oxygen** to the cells of the body and the carrying of **Carbon Dioxide**, a waste product, from the cells. A major portion of diseases enter the body through the mouth and nose, so the HP attacks any germs at the source. Also, I started using HP as my mouthwash 20 years ago after brushing my teeth. I see where today dentists are using HP in the mouth before dental procedures.

I have been given by God the same immune system as every other human being. The difference in each of us is how we have treated our bodies over a lifetime in healthy living as with nutrition and exercise or with the abuse from alcohol, drugs, and cigarettes to name a few. The worse thing I have experienced since the COVID 19 plaque began, having not accepted any of the jabs and boosters, is some sniffles which are gone within about two days. Using HP is a personal choice and realize that Internet searches that result in sites that are government, healthcare, CDC, FDA, AMA, pharmaceutical related or even banned by Google and other search engines will tell you not to nebulize with hydrogen peroxide. The profit motive in favor of prescription medicines, hospitals, COVID 19 treatment facilities, doctors linked to hospitals, as well as medical licensing boards are all opposed to using hydrogen peroxide as a 32-ounce bottle which lasts for months only costs \$6 to \$8 with recent price increases. As of this writing hydrogen peroxide has been taken off the shelves in a recall from major pharmacies such as CVS who follow the Government standards on COVID 19 treatment. Nebulizers are also not available from medical supply stores local or

Internet without a doctor prescription, but people do not realize that the prescription is only needed if used with a prescription medicine. The nebulizers are available through sources such as Amazon without prescription for about \$90 along with hydrogen peroxide with the following advantages:

1. Readily available worldwide.
2. Available over the counter without a prescription, and not requiring a doctor visit.
3. Exceptionally inexpensive.
4. Easy to self-administer without the need for a clinic or hospital.
5. Functions well as a monotherapy, not requiring the administration of other drugs or treatment protocols.
6. Nevertheless, functions in synergy with other treatment protocols and never acts counter to any of them.

In a search of credible medical information you will find different protocols of use that range from using food grade hydrogen peroxide to various dilution standards with distilled water. I use the product straight from the store grade product which takes some getting used to, but a gradual build up from dilution is a way to overcome the strong effects that might be irritable. As expected most recorded trials of the effects of hydrogen peroxide are associated with non-USA facilities although there are more published results within the USA filtering through the secondary news services. Following are a listing of a few sources from which to make your own decisions on using this treatment (use copy paste of the article address in your search engine):

[Free Medfox Book | Thomas E. Levy, MD, JD](#)

[orthomolecular.org](#) then July 8, 2022, Hydrogen Peroxide Protection Against COVID-19: An Overview

<http://www.orthomolecular.org/resources/omns/v18n19.shtml>

<https://www.hindawi.com/journals/ecam/2021/5592042/>

Hydrogen peroxide has been involved in clinical trials and medical procedures with introduction by IV with much success and considered less harmful than prescription processes as it is actually considered a food product by the FDA. The natural question is why is it not considered for more modern medical procedures? The reason is simple. Hydrogen peroxide cannot be patented. It is present in the ocean, it is present in rainwater, it is present in vegetables, and it is present in every cell of your body right now. It must be classified as a food because it is part of all fresh food of plant origin. Because it is produced in the human body, it is undeniably safe. Since it is a food and cannot be patented, there is no big profit to be made on it. Following is an article of this kind of use in medical practice.

<https://www.thenaturalchoiceclinic.com/intravenous-hydrogen-peroxide-therapy/>

This Post on nebulization is offered as written. Although I have been nebulizing for approximately two years with success, every person's body and reaction can be different so pursuing this treatment has to be a personal decision.